1. COMPETITION SPECIFIC TERMS AND CONDITIONS

Any person (s) who opts into this Nuffield competition for the Cancer Research London Winter Run 2020 on 9 February 2020 will be automatically entered into this free competition.

The competition opens on 4th February 2019 and closes at 9am on the Monday 3 February 2020. There will be 1 competition winner selected using a random number generator 1 week after the event. The draw will be witnessed by a second person.

The draw decision is final.

Winners agree to take part in any publicity undertaken by Nuffield Health.

The prize will be 1 year's free Nuffield Health Gym Membership

All prizes will be sent to the winner by registered post to an address to be provided 1 month after the event.

2. ONLINE COMPETITIONS: STANDARD TERMS AND CONDITIONS

Competition details form part of these terms and conditions

Entry is open to residents of the UK except employees (and their families) of Human Race, its printers and agents, the suppliers of the prizes and any other companies associated with the competitions.

The entrant(s) must be aged 18 or over.

Proof of identity and age may be required.

Use of a false name or address will result in disqualification.

All entries must be made directly by the person entering the competition.

No responsibility can be accepted for entries lost, delayed or corrupted, or due to computer error in transit.

The prizes are as stated, are not transferable to another individual and no cash or other alternatives will be offered.

The promoters reserve the right to amend or alter the terms of competitions and reject entries from entrants not entering into the spirit of the competition.

In the event of a prize being unavailable, the promoter reserves the right to offer an alternative prize of equal or greater value.

Reasonable efforts will be made to contact the winner(s). If the winner(s) cannot be contacted, or are unable to comply with these terms and conditions, the Promoter reserves the right to offer the prize to the next eligible entrant drawn at random.

Failure to respond and/or provide an address for delivery, or failure to meet the eligibility requirements may result in forfeiture of the prize.

The provider of the prize is specified within the promotional material.

In the event of a discrepancy between these standard terms and conditions and the details in the promotional material (or any other terms and conditions provided/referred to at the time of entry), the details of the promotional material (and any other terms and conditions provided/referred to at the time of entry) shall prevail.