

## 1. START TIMES

Your final confirmed Start Time is now available on the website via [this link](#). If you would like to run with your friends and you have been allocated different times, don't worry! You can simply move to the latest start time allocated within your group, there is no need to contact us if you do so.

## 2. BAG DROP

Please remember that we will **only** accept the official blue drawstring bags in your race pack. Remember you can also get a family member or friend to hold your bag for you to avoid the bag drop entirely - we recommend this to help you avoid queues!

## 3. EVENT GUIDE

Please make sure you read the event guide before you plan your day. It contains everything you need to know about the event and which stations to use when travelling to the event. Read it [here](#).

## 4. TOILETS

Given space restrictions in Central London and some building works in place, there will be a limited amount of toilets available. If you think that you will need to use the toilet before you start, please do build in additional time for queuing as they will be busy.

## 5. PUBLIC TRANSPORT

Over the event weekend there will be some disruption on National Rail services in and around London. **Please check & plan your journey well in advance and before you travel**. National Rail website can be checked [here](#). Please also check the [TFL website](#) before you make your journey in case of any disruptions.

## 6. WEATHER FORECAST

We're currently expecting it to be a cold day. Please make sure you are prepared for this and dressed accordingly - we recommend wearing lots of layers and a hat! Click [here](#) for the latest information on the weather.

## 7. MERCHANDISE

If you ordered merchandise on or before 28<sup>th</sup> January, it will be sent to you by post. If you ordered after this date, please stop by the official merchandise tent in Trafalgar square, after your run.

## 8. RACE PACKS

Race packs are still arriving and may arrive as late as Saturday, so don't panic if you haven't received yours yet. For 'lost' and international packs, there will be a pack pick up at the Radisson Blu Edwardian Hampshire Hotel in Leicester Square between 10am and 3pm on Saturday 2nd February. [Click here](#) for more information.