



**Save the Children**

HELPING TO SAVE ONE MILLION CHILDREN'S LIVES

## **GSK Big Day Out featuring the Orange United Run**

### **Race Information**

We hope that you are as excited as we are about the Orange United Run during the GSK Big Day Out on Saturday 25th June.

There's still time to start fundraising to help save lives

We'd love this event to raise as much money as possible for our partnership with Save the Children and hope that everyone who signs up will do a little fundraising. We're asking adults to raise a target of £50.00 and children to raise £20.00. This will make a huge difference to children's lives all over the world. Remember that GSK will match every pound raised and 50% of funds raised in the UK will stay in the UK. If you're a GSK employee there is more information about where your fundraising money will go along with some great fundraising tips at the Orange United hub.

**Timings:** The race village will be open between 08:45am and 13:30pm. A free bus is operating at 8.15am and 9.00am from Windsor and Eton Riverside to take participants, friends and family to the venue. The BBQ will be open between 11.00am and 13:15pm.

#### **Race Times:**

- 10:00 - 10km Run
- 11:30 - 5km Run
- 12:30 - 2km Colour Me Orange Run
- 13:00 - Prize Giving
- 13:15 First Coach Departs for Windsor and Eton Riverside station (reservation needed)
- 14:00 Second Coach Departs for Windsor and Eton Riverside station (reservation needed)

**To reserve a seat on the free bus either to or from the venue then please email**

**Josephine.Harkjaer@humanrace.co.uk**

So that you aren't rushed getting to the start line, we suggest that you arrive approximately one hour before the start of your race so that you can park, register, use the facilities and warm up properly.

**Prize Giving Presentation** at 13:00pm

#### **Registration:**

The registration tent will be open from 8:45am for you to pick up your race pack and official Orange United Run running top. The race pack will contain your race number and timing chip. There is also a baggage tent to leave your bags while you run.

#### **Course:**

The 5km will start behind the Race Village on the road heading up towards the far end of the lake and will consist of an out and back lap.

The 10km course will also start behind the Race Village on the road heading up towards the entrance and go around the lake. The second lap will follow the same as the 5km course.

The 2km Colour Me Orange Run will start in front of the boathouse and head alongside the return lake where the two Dye stations will be situated before returning along the same route to the finish line.

#### Facilities:

You will have access to the Boathouse on the day where there are toilets, changing rooms and showers. The café will also be open throughout the day where food and drink can be purchased.

#### Food:

All those taking part in an event (5km, 10km or 2km) will receive a free BBQ (one main with sides/salad per person)

#### Drinks:

Water will be available at the finish line. There will also be a water station at the 5km point of the 10km race course.

#### The Race Village:

The Race Village will be open between 08:45 and 14:00 with lots going on for the whole family to enjoy. The Science Education team will be there, face painting, crazy golf, fete games, bouncy castle, arts and crafts and a scoot time trial. Plus, Maclaren will once again be there with their simulator!

A team from Save the Children will be at the event and on hand to answer any questions you may have about the partnership plus you can find out more about the great work they do for millions of children around the world.



**Finally**, we are delighted to have Dame Kelly Holmes and Martin Yelling at the Orange United Run, they will be in the race village throughout the day and will be starting all races. Don't forget to grab a photo with them and your well-deserved medal after your run.

#### Prizes and Results:

All participants will receive an Orange United Run medal. There will be a prize giving presentation at 13:00pm at the finish line for the top three male and female runners in each race.

#### IMPORTANT:

Please write all personal and any medical details on the back of your race number and put a small indelible red cross on the front of your number to indicate a known medical issue. Whether you have a medical condition or not, if you feel unwell on race day – please don't race! For medical advice please visit: [www.runnersmedicalresource.com](http://www.runnersmedicalresource.com)

Please don't wear new running shoes on race day – we don't want any blisters!

Thank you for your support,

The Orange United Run Team